

## Clinical Program Overview

The Psychology Postdoctoral Fellowship at CentraCare/St. Cloud Hospital provides one year of training with opportunities in Adult Clinical Psychology, Child & Adolescent Clinical Psychology, and Integrated Behavioral Health. This Fellowship is designed to complement your background and provide more focused and in-depth training in your chosen substantive specialty area of practice. There are three Fellowship positions available, each year.

The Psychology Postdoctoral Fellowship Program at CentraCare/St. Cloud Hospital operates within the Behavioral Health Department of CentraCare. All supervising psychology faculty are employees of the St. Cloud Hospital. There are currently 16 doctoral-level licensed psychologists and 14 psychotherapists in the outpatient Behavioral Health clinics. Additionally, our outpatient services have 4 doctoral-level licensed psychologists, 16 psychotherapists and 2 psychotherapists in-training working in Integrated Behavioral Health. We also have 15 outpatient psychiatric providers working in our Adult and Child/Adolescent Behavioral Health Clinics.

Participants in this Postdoctoral Fellowship program will be referred to as Psychology Fellows and will work under the primary supervision of licensed psychologists. Psychology Fellows will function as a member of the interprofessional team. All primary supervisors have a doctoral degree in psychology and are licensed psychologists in the state of Minnesota. Supervisors are clinically and professionally responsible for services provided by Fellows.

Fellows will also meet with designated supervisors, who will provide supervision focused on a specialty area to complement the Fellows training and provide for more breadth and depth of training. All designated supervisors will coordinate supervision with the Fellows' primary supervisor and the primary supervisor will maintain responsibility for all services provided by Fellows. As part of a larger health organization, behavioral health providers also can work closely with medical specialists including pediatricians, family practice providers, psychiatrists, and other health providers.

CentraCare BH Psychology Postdoctoral Fellowship is an APPIC member program. We are not currently accredited by the American Psychological Association nor the Canadian Psychological Association.

The goal of the Psychology Postdoctoral Fellowship is to prepare Fellows to be comfortable and skilled in assessing and treating a range of mental health issues. The Fellowship program is designed to provide clinical experiences necessary to support independent practice in clinical and/or health psychology. Fellows will gain these skills and competencies through providing assessment and/or therapeutic interventions in our outpatient adult and/or child/adolescent clinics, or by providing Primary Care Behavioral Health (PCBH) or health psychology services within one of our medical clinics. Within each of these broad areas, flexible rotation selection offers opportunities for breadth of experiences as well as specialization with populations of interest. The aim is to tailor the training experience to meet the individual training needs and interests of the Fellow.

The Fellowship meets all requirements needed for postdoctoral supervised experience, as required by the state of Minnesota and upon completion of the Fellowship Fellows will be encouraged to apply for independent licensure. They will be provided support including didactics and continuing education days to support study for the EPPP and MN ethics exam, as well as provided

documentation that will support them in meeting requirements for postdoctoral supervised practice in Minnesota.